

## General Self-Efficacy Scale

If you only work with one advocate at this organization, please just keep that person in mind as you answer these questions. If you work with more than one person, please give one response that represents a general sense of the staff here.

I can always manage to solve difficult problems if I try hard enough.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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If someone opposes me, I can find the means and ways to get what I want.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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It is easy for me to stick to my aims and accomplish my goals.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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I am confident that I could deal efficiently with unexpected events.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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Thanks to my resourcefulness, I know how to handle unforeseen situations.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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I can solve most problems if I invest the necessary effort.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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I can remain clam when facing difficulties because I can rely on my coping abilities.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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When I am confronted with a problem, I can usually find several solutions.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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If I am in trouble, I can usually think of a solution.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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I can usually handle whatever comes my way.

Not at all true <input type="checkbox"/>	Hardly true <input type="checkbox"/>	Moderately true <input type="checkbox"/>	Exactly true <input type="checkbox"/>
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## REFERENCE

Schwarzer, R., & Jerusalem, M. (1995). Generalized Self-Efficacy Scale. In J. Weinman, S. Wright, & M. Johnston (Eds.), *Measures in health psychology: A user's portfolio. Causal and control beliefs* (pp. 35–37). Windsor, UK: Nfer-Nelson.